## 2023 February



## Middle School Breakfast

ISD 🕥 279

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Dutch Waffle	Breakfast Pizza (Turkey sausage and cheese)
				Yogurt
		Fruit	Fruit	Fruit
		100% Fruit Juice Milk	100% Fruit Juice Milk	100% Fruit Juice Milk
6	7	8	9	10
No School	Breakfast Burrito (Chicken Sausage, Egg and Cheese on a Tortilla)	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Whole Grain Cinnamon Roll	Pancakes
				Hashbrown Patty
	Applesauce Cup	Fruit	Fruit	Fruit
	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	Milk	Milk	Milk	Milk
13	14	15	16	17
Pancake Turkey Sausage Breakfast Bites	French Toast	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Dutch Waffle	Whole Grain Glazed Long John
Hashbrown Patty	Chicken Sausage Patty			
Fruit	Applesauce Cup	Fruit	Fruit	Fruit
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Milk	Milk	Milk	Milk	Milk
20	21	22	23	24
No School	Breakfast Burrito (Chicken Sausage, Egg and Cheese on a Tortilla)	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)	Whole Grain Cinnamon Roll	Pancakes
				Hashbrown Patty
	Applesauce Cup	Fruit	Fruit	Fruit
	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	Milk	Milk	Milk	Milk
27	28			
Pancake Turkey Sausage Breakfast Bites	French Toast			
Hashbrown Patty	Chicken Sausage Patty			
Fruit	Applesauce Cup			
100% Fruit Juice	100% Fruit Juice			
Milk	Milk			

## Additional Cold Option may include:

Hardboiled Egg with Graham Cracker

Assorted Cereal with Yogurt or Cheese Stick

Breakfast Bar and Yogurt or Cheese Stick

Giant Goldfish Cracker and Yogurt or Cheese Stick

Breakfast Bread and Yogurt or Cheese Stick

Breakfast Muffin and Yogurt or Cheese Stick

\*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.